

## Statistical Distribution of Lassa Fever in Edo State, Nigeria

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### Authors' contributions

*This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.*

### Article Information

DOI: 10.9734/AJPAS/2021/v15i430366

*Editor(s):*

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Complete Peer review History, details of the editor(s), Reviewers and additional Reviewers are available here:

<https://www.sdiarticle5.com/review-history/77397>

**Original Research Article**

**Received 27 September 2021**

**Accepted 01 December 2021**

**Published 06 December 2021**

## Abstract

Lassa fever is a severe viral infection caused by the Lassa virus and spread by contact with excretions or secretions of infected rats gaining access to food and water inside human houses and other human activity areas. Sierra Leone, the Republic of Guinea, Nigeria, and Liberia are among the nations where it is endemic with a high number of deaths recorded yearly due to Lassa fever. In Nigeria, one of the states with the highest incidence is Edo. In order to reduce and predict the spread of Lassa fever in Edo state, the trend of the disease needs to be understood. Knowledge of the statistical distribution of a disease is one of the best ways to understand the trend of the disease. Currently, existing research on the statistical distribution of Lassa fever is very rare. The present work is an attempt to initiate research on the statistical distribution of Lassa fever with data obtained on weekly cases of Lassa Fever in Edo State, Nigeria. Based on the Kolmogorov Smirnov and Anderson Darling's goodness of fit test for fitting distribution, the Geometric distribution outperformed the weekly confirmed incidences of Lassa fever in Edo State, Nigeria when compared with the Discrete Uniform and Poisson distributions. The study further revealed that on the average, two Lassa fever cases is recorded per week in Edo State within the study period. This number of cases per week is on the high side and should be immediately looked into.

**Keywords:** Lassa fever; description; trend; statistical distribution; Edo State.

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## 1 Introduction

According to Amodu & Fapohunda [1] and Tewogbola & Aung [2], the Lassa infection causes an acute viral hemorrhagic fever known as Lassa Fever; which was first found in 1969 and named after a town called Lassa (where it first appeared) in Borno State, Nigeria. In West Africa especially in Edo State Nigeria, Lassa fever has become endemic as reported by Mofolorunsho (2019). Studies have shown that it is transmitted through direct contact with sick rats' excretions or secretions (including feces and urine) on food, water inside where people lives; and other places domiciled by humans [1]. Lassa fever can take anywhere from 6 to 21 days to develop [3]. Clinical studies have shown that outbreaks of Lassa fever usually brings high death rates as the cases are hardly discovered on time due to the fact that it presents similar symptoms with malaria and typhoid fever at the early stage. Some of the symptoms of Lassa fever are respiratory distress, weakness, difficulty in swallowing; vomiting with blood, muscle joint and back pains [4].

Furthermore, it has been observed that Lassa fever is a disease that is often overlooked but has severe social and economic consequences. The enlightenment for the prevention of Lassa fever and diagnostic facilities are either lacking or inadequate in many parts of Nigeria where Lassa fever is endemic (Mofolorunsho, 2019). It is therefore important to have knowledge of the distribution of the disease in each town so as to guide the government on awareness campaign and provision of facilities to prevent and control the disease. One of the ways to understand the distribution of a disease is through fitting of statistical distributions to observe the best distribution that fits the data collected on diagnosed cases of the disease. This helps us to develop a valid model to understudy the random process of occurrence of the disease. Statistical distributions provide a valid tool to deal with risk and uncertainty involved with random processes. A good model, if put into good use will help the planner to make informed decisions; guide against some losses and also save time. This is done by obtaining the probability distribution of the occurrence of the disease in the place and calculating the probability that a specific number will be infected at a given interval of time.

Alexandre et al. [5] conducted a prospective cohort study on patients admitted with confirmed Lassa fever at the Federal Medical Centre in Owo, Nigeria. All infected individuals were given conventional supportive care and intravenous ribavirin, as prescribed by the Nigeria Centre for Disease Control, and were monitored biologically for 30 days. Univariable and multivariable logistic regression models were used to explore a connection between baseline characteristics and mortality at day 30 after 30 days of surveillance. Age (45 years or older), a National Early Warning Score (NEWS2) of greater than or equal to seven, a kidney disease–Improving Global Outcome (KDIGO) stage of greater than or equal to two, plasma alanine aminotransferase 3 or more times the upper limit of normal, and a Lassa fever RT-PCR Ct value lower than 30 were all found to be independently associated with mortality.

Merson, Bourner, Jalloh, Erber, Sallam, Flahault & Olliaro [6] extracted, verified, and summarized some primary clinical investigations and reports of patients with Lassa fever, both suspected and confirmed in some selected published works using descriptive statistics. Most of the data were from Nigeria and their findings showed that the main symptoms of Lassa fever include: gastrointestinal sickness, as well as other neural system and musculoskeletal issues that aren't usually considered Lassa Fever symptoms. The study recommended that a strong Lassa Fever research community should generate a generalized research method that can build a new strong treatment for Lassa Fever and build trust in their ability to be integrated into clinical care.

Akpede et al. [7] used Observational study of Lassa Fever caseload and mortality from 2001 to 2018 in Nigeria to estimate the relative risk of confirmed case's death on admission and case fatality. In their work, they used reverse transcription polymerase chain reaction (RT-PCR) test, medians and frequencies and showed that the contribution of confirmed Lassa Fever to deaths has a relative risk of 5.9 and the relative risk of Case Fatality among patients with confirmed Lassa Fever is 2.9.

Okoroiwu, López-Muñoz and Povedano-Montero [8] retrieved 1101 scientific research articles on Lassa Fever from SCOPUS database published between 1970 to 2017. Their work basically examined the growth of publications on Lassa Fever. The results of their research revealed that the increase of scientific literature on Lassa fever followed a linear pattern, with high transient writers suggesting low productivity and non-specialized authors from related fields writing intermittently.

In her paper, Assessment of Onset-to-Intervention Time and Outcome of Lassa Fever During an Outbreak in Edo State, Ireye [9] looked into the length of time between the onset of illness and the start of treatment, as well as the effects on disease outcome among patients. More than 14.6 percent of the cases died, while 85.4 percent survived, according to the report.

Ogbu [10] employed re-analysis of confirmatory tests to establish basic statistics of the effects of Lassa fever in his study on high Lassa disease activity in Edo State's northern region. According to the study, laboratory analysis of samples supplied to the Bernhard-Nocht Institute for Tropical Medicine in Hamburg, Germany, revealed Lassa fever activity in the northern part of Edo state, Nigeria, in 2004. The study's published report was re-analyzed in order to identify in statistical terms what the results reported in percentages equated to in terms of the number of people in the area. In 2004, 12,000 people visited Irrua Specialist Teaching Hospital (ISTH) in Irrua with a febrile illness; 832 (6.5 percent) with Lassa fever confirmed by reverse transcriptase.

From the foregoing review, it is not out of place to state that little or no work has been done on the statistical distribution of Lassa fever. This study is therefore an attempt to initiate the study of the statistical distribution of Lassa fever, using data obtained from Edo State, Nigeria from 2019 to 2020 on Lassa fever.

## 2 Methodology

This study employed two methods of fitting distributions to data, the Kolmogorov-Smirnov test of goodness of fit and the Anderson-Darling test. These two tests are popularly known in statistics for their ability to verify if a given dataset comes from a particular distribution. Three distributions were fitted to the data, namely, discrete uniform distribution, geometric distribution and Poisson distribution. Some graphical approaches to distribution fitting like the density plot, Q-Q (Quantile vs Quantile) plot, CDF plot and P-P (Probability plot) were also considered.

## 3 Results

In this section, results obtained from fitting of distributions to weekly cases of Lassa fever in Edo state are stated.

Fig. 3.1 shows the weekly occurrence of Lassa Fever in Edo State. The results show that an average of two cases per week of Lassa Fever occurred in Edo State between 2019 and 2020. The curve depicts the trend of the disease in Edo State within the period under study which gives us an idea of the distributions to be fitted to the data.

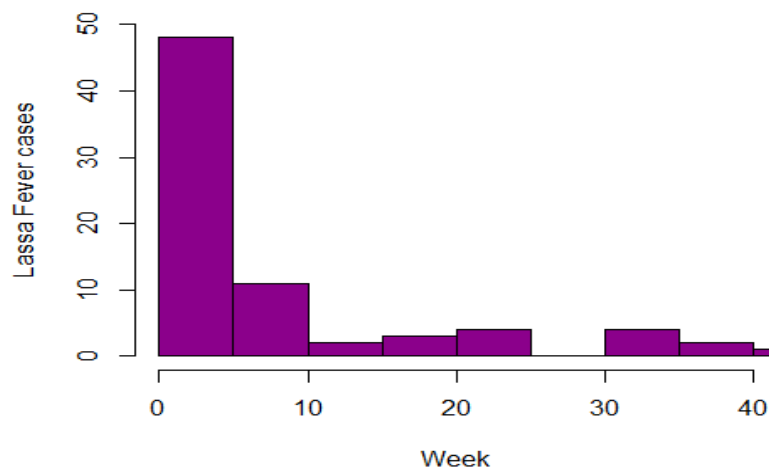


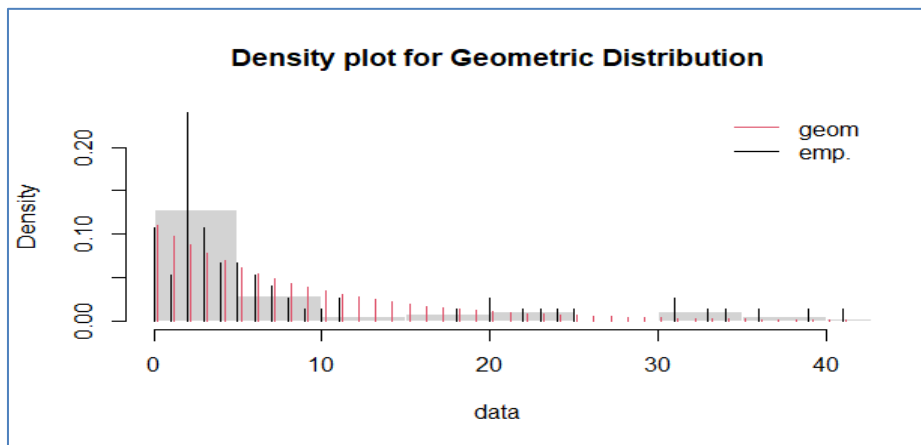
Fig. 3.1. Frequency Curve on weekly Occurrence of Lassa Fever in Edo State (2019 – 2020)

The results of Kolmogorov-Smirnov test and Anderson-Darling tests in Table 3.1 shows that among the distributions fitted to the data, geometric distribution best fits the data as it had the least statistic values and ranked as 1 on both tests.

**Table 3.1. Outcome of Fitting of Distributions to Data on Weekly Confirmed Cases of Lassa Fever in Edo State**

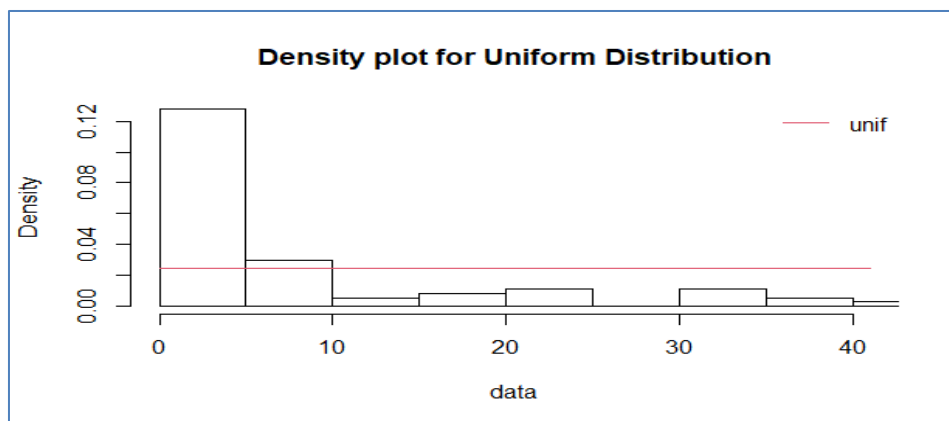
| Distribution       | Kolmogorov Smirnov |    | Anderson Darling |    |
|--------------------|--------------------|----|------------------|----|
|                    | Stat. value        | R. | Stat. value      | R. |
| 1 Discrete Uniform | 0.2973             | 2  | 32.291           | 2  |
| 2 Geometric        | 0.13762            | 1  | 2.9692           | 1  |
| 3 Poisson          | 0.47965            | 3  | 89.213           | 3  |

The results in Fig. 3.2 show the probabilities of occurrence of weekly cases of Lassa fever in Edo State. The results show that two (2) cases of Lassa fever are most likely to occur in Edo state each week.

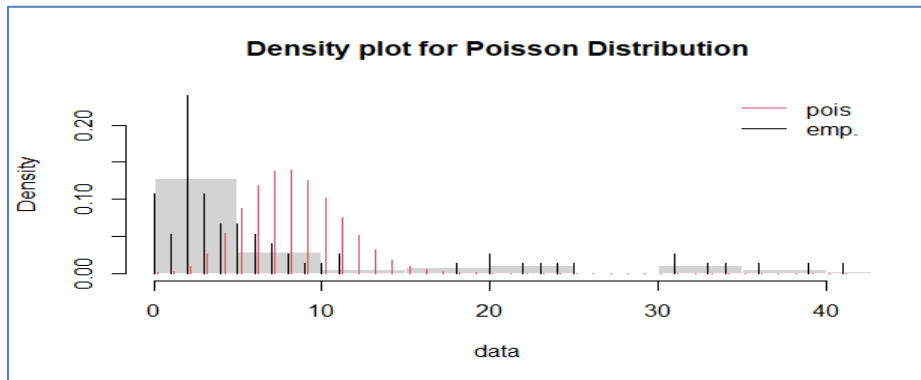


**Fig. 3.2. Geometric Distribution Probability Density Curve of Weekly Number of Confirmed Cases of Lassa fever in Edo State**

The Density plots shown in Fig. 3.2, Fig. 3.3 and Fig. 3.4 for Geometric, Uniform and Poisson distributions respectively are used to observe the distribution of the weekly number of Lassa fever in Edo State, Nigeria. It plots the graph on a continuous interval or time-period. Considering the density plots, it is further verified that the Geometric distribution best models the weekly Lassa fever in Edo State, Nigeria.

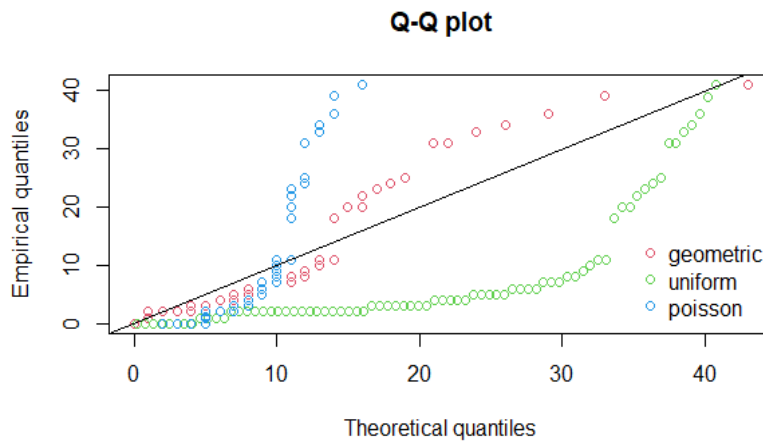


**Fig. 3.3. Uniform Distribution Probability Density Curve of Weekly Number of Confirmed Cases of Lassa fever in Edo State**

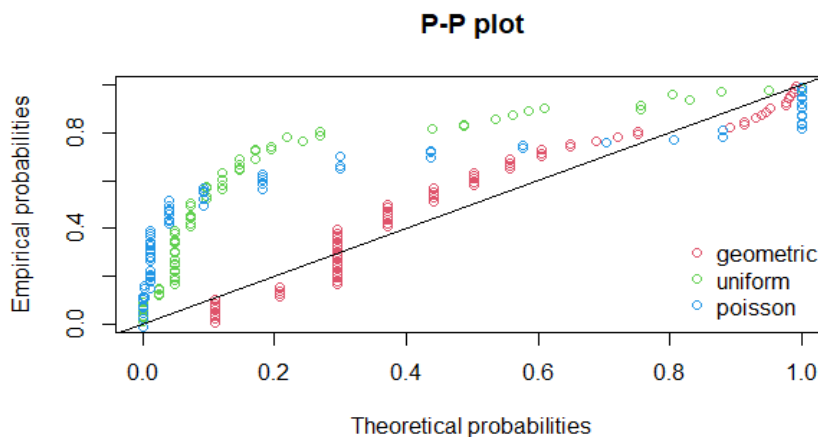


**Fig. 3.4. Poisson Distribution Probability Density Curve of Weekly Number of Confirmed Cases of Lassa fever in Edo State**

The P-P and Q-Q plot which is a scatterplot created by plotting empirical quantiles against the theoretical quantiles in Fig. 3.5 and Fig. 3.6 was used to check If both sets of quantiles were drawn from the same distribution, the result would be the same. It is expected that the points make a relatively straight line. It is clear that for both the P-P and Q-Q plots, only the Geometric distribution line appears to be straight when compared with the lines of the other distributions. This is also an indication that the Geometric distribution best fits the weekly number of Lassa fever confirmed cases in Edo State, Nigeria.



**Fig. 3.5. Probability density curve of weekly number of confirmed cases of Lassa fever in Edo State**



**Fig. 3.6. Probability density curve of weekly number of confirmed cases of Lassa fever in Edo State**

The cumulative distribution function (CDF) plot in Fig 3.7 shows the empirical cumulative distribution function of the of weekly number of confirmed cases of Lassa fever in Edo State, Nigeria. The red line which is the Geometric distribution line follows closely with the black lines that represents the observed. This is also another confirmation that the observed weekly number of confirmed cases of Lassa fever in Edo State, Nigeria follows the Geometric distribution.

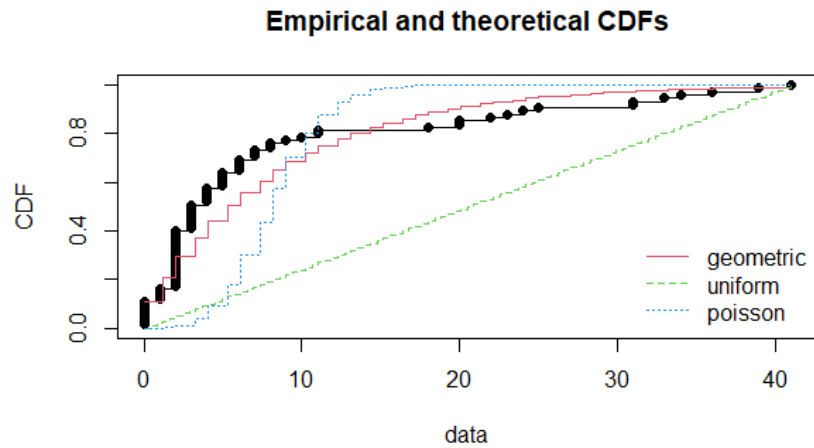


Fig. 3.7. Probability density curve of weekly number of confirmed cases of Lassa fever in Edo State

## 4 Conclusion

In this study, data were collected on weekly number of occurrences of Lassa fever in Edo State, Nigeria. Distributions were fitted to the data using Kolmogorov-Smirnov test and Anderson –Darling test. The results showed geometric distribution was the most appropriate fit for the data. The results further showed that two cases of Lassa fever are mostly likely to occur in Edo state weekly.

## 5 Recommendation

Based on the findings of this study, an average of two Lassa fever cases per week in Edo state is dangerous. Therefore, the appropriate disease control centers should urgently intervene to immediately stop the spread and existence of this endemic in Edo state, Nigeria.

## Competing Interests

Authors have declared that no competing interests exist.

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## Appendix A

| <b>Lassa Fever cases in Edo State 2019</b> |                            |                   |
|--|----------------------------|-------------------|
| <b>Week</b>                                | <b>New Confirmed Cases</b> | <b>Cumulative</b> |
| 1  | 9                          | 9                 |
| 2  | 3                          | 12                |
| 3  | 31                         | 43                |
| 4  | 24                         | 67                |
| 5  | 20                         | 87                |
| 6  | 10                         | 97                |
| 7  | 6                          | 103               |
| 8  | 11                         | 114               |
| 9  | 20                         | 134               |
| 10   | 23                         | 157               |
| 11   | 8                          | 165               |
| 12   | 4                          | 169               |
| 13   | 6                          | 175               |
| 14   | 2                          | 177               |
| 15   | 1                          | 178               |
| 16   | 2                          | 180               |
| 17   | 0                          | 180               |
| 18   | 3                          | 183               |
| 19   | 2                          | 185               |
| 20   | 2                          | 187               |
| 21   | 2                          | 189               |
| 22   | 2                          | 191               |
| 23   | 4                          | 195               |
| 24   | 2                          | 197               |
| 25   | 4                          | 201               |
| 26   | 1                          | 202               |
| 27   | 5                          | 207               |
| 28   | 4                          | 211               |
| 29   | 4                          | 215               |
| 30   | 2                          | 217               |
| 31   | 7                          | 224               |
| 32   | 2                          | 226               |
| 33   | 2                          | 228               |
| 34   | 0                          | 228               |
| 35   | 0                          | 228               |
| 36   | 3                          | 231               |
| 37   | 3                          | 234               |
| 38   | 3                          | 237               |
| 39   | 7                          | 244               |
| 40   | 5                          | 249               |
| 41   | 2                          | 251               |
| 42   | 6                          | 257               |
| 43   | 2                          | 259               |
| 44   | 5                          | 264               |
| 45   | 2                          | 266               |
| 46   | 5                          | 271               |
| 47   | 3                          | 274               |
| 48   | 2                          | 276               |
| 49   | 0                          | 276               |
| 50   | 1                          | 277               |
| 51   | 0                          | 277               |
| 52   | 0                          | 277               |



## Appendix B

| Lassa Fever cases in Edo State from 30th Dec. 2019 - 7th June 2020 |                     |            |
|--|---------------------|------------|
| Week   | New Confirmed Cases | Cumulative |
| 53   | 7                   | 7          |
| 54   | 18                  | 25         |
| 55   | 33                  | 58         |
| 56   | 34                  | 92         |
| 57   | 36                  | 128        |
| 58   | 39                  | 167        |
| 59   | 41                  | 208        |
| 60   | 22                  | 230        |
| 61   | 31                  | 261        |
| 62   | 25                  | 286        |
| 63   | 11                  | 297        |
| 64   | 8                   | 305        |
| 65   | 3                   | 308        |
| 66   | 5                   | 313        |
| 67   | 6                   | 319        |
| 68   | 0                   | 319        |
| 69   | 1                   | 320        |
| 70   | 0                   | 320        |
| 71   | 2                   | 322        |
| 72   | 3                   | 325        |
| 73   | 2                   | 327        |
| 74   | 2                   | 329        |
| 75   | 2                   | 331        |

The appendixes show the data collected on weekly cases of Lassa fever in Edo state with their cumulative frequencies for that particular week.

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