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Isolation and Culture Dependent Characterization of *Escherichia coli* **from the Sewage Waste Water of Lahore, Pakistan**

Abida Bano1 and Basharat Ali1*

1 Department of Microbiology and Molecular Genetics, University of the Punjab, Lahore - 54590, Pakistan.

Authors' contributions

This work was carried out in collaboration between both authors. Author AB conducted the sampling, experimental work and wrote the first draft of the manuscript. Author BA designed the study, wrote the protocol and managed the analyses of the study. Both authors read and approved the final manuscript.

Article Information

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Original Research Article

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ABSTRACT

Aims: Infectious disease haemorrhagic uremic syndrome (HUS), present in sewage water, its cross contamination with drinking water may affect the community. This study was conducted to isolate the pathogenic strain of *E. coli* O157 from the sewage waste water of Lahore, Pakistan. The aim of this study was to evaluate biofilm formation and antibiotic susceptibility pattern for the isolated strains. Selective Hichrome EC O157 agar media was used for the isolation of *E*. *coli*.

Methodology: Taxonomic status of strain was confirmed by 16S rRNA gene sequencing. Serotyping of *E. coli* O157 strains was accomplished by Prolex[™] *E. coli* O157 Latex Test Reagent Kit results for O157. Bacterial strains were also evaluated for biofilm formation, toxin related genes (*stx1*, *stx2*, *stx2c*, *stx2d*) and antibiotic sensitivity.

___ **Results:** Bacterial strains showed resistance against amoxicillin, tobramycin, tetracycline and nitrofurantoin antibiotics. Maximum biofilm formation was shown by strain E124 when used as

monoculture. In cocultures, strains E35 and E101 were the most efficient biofilm formers. PCR amplification recorded negative results for shiga toxin genes. **Conclusion:** Shiga toxin genes were not present in any of the *E. coli* strain, from which we can

suggest that our environment is free of shiga toxin genes. *E. coli* was present in sewage water, its cross contamination with drinking water may affect the community. Therefore, waste water should be treated properly before discarding it into the common water bodies.

Keywords: Shiga toxin; haemorrhagic uremic syndrome; biofilm formation; sewage water; biofilm production.

1. INTRODUCTION

Water plays a very vital role in the socioeconomic development of human population. Pure water is colorless, free of germs, smell, turbidity and abnormal taste. Whereas, polluted water contains microbial load, poisonous chemical substances and organic and inorganic wastes [1]. After oxygen, water is second most important ingredient for the sustenance of life [2]. In China, according to their standards 75 percent of people have no access to fresh drinking water [3]. Compounds of mercury emanating from mining process and nitrogen used in agriculture contaminate natural water bodies after discharge [4].

Hospital or medical waste is defined as any waste generated during diagnosis or treatment of the disease. Globally many problems arises due to inappropriate medical waste management techniques. Incineration of solid waste is accompanied all around the world to reduce medical waste. Solidification with cement and recycling are the other methods to reduce medical waste [5]. To control infections and to maintain hygiene levels, hospital wastes should be effectively disposed according to established policies. Hospital waste can contaminate the environment that can cause the spread of diseases. Poor management of waste can lead to land pollution that can contaminate ground water resources. Environment and public health is at great risk due to occurrence of large number of pathogenic organisms. The major source of potable water in developing countries is ground water reservoirs due to long retention time and natural retention capacity of aquifers, but they can be contaminated due to poor sanitation [6].

Escherichia coli is a gram negative facultative anaerobe which ranges from harmless commensals living in the gastrointestinal tract of humans to pathogenic strains causing mortality rate in humans and animals. Based on the presence of virulence factors, *E. coli* is toxinproducing sub- divided into different pathotypes

such as enterotoxigenic (ETEC), enteroaggregative (EAggEC), shiga (STEC), enteropathogenic (EPEC), diffusely adherent (DAEC) and enteroinvasive (EIEC) in humans [7].

In gene transfer has played a key role in the emergence of genetic diversity of *E. coli* [8]. Use of different antibiotics such as cephalosporins, penicillins, tetracycline, and sulfa drugs has increased risk of antimicrobial resistance of *E. coli* [9]. Multiple antimicrobial resistance in STEC and non-STEC is due to spread of genetic element i.e transposons, integrons and plasmids [10].

In 1977 *E. coli* (STEC) O157:H7 strains producing shiga toxin were first isolated from cattle in Argentina that was identified as STEC O157:H7. The primary reservoir for strains O157:H7 and non-O157 STEC is cattle [11]. Cattle is asymptomatic carrier for *E. coli*, this organism reside in its hindgut and is shed through feces [12]. It can be transmitted through consumption of un-pasteurized dairy products, contaminated fruits and vegetables, undercooked meat or water contaminated by faeces from carriers [13]. Shiga toxin producing *E. coli* O157:H7 is responsible for many outbreaks and sporadic cases (Hemorheagic Uremic Syndrome). However STEC non O157 also cause severe illness in humans [14]. Many outbreaks of bloody diarrhea due to *E. coli* O157:H7 has been reported in United States, Canada, and Japan [15]. In 2011, Germany and other European countries faced an extraordinary outbreak caused by extremely virulent *E. coli* strain, due to presence of shiga toxin (Stx) acquired through gene transfer. Countries faced serious economic loss due to export bans and withdrawl of food from the market [16]. Around 100 serotypes of *E. coli* which produce shiga toxins have been reported [17]. Two types of protein toxins stx1 and stx2 present in *E. coli* O157 are major virulence factors for the cause of bloody diarrhea [18]. Stx1 and stx2 or their variants causes cell death by inhibiting protein synthesis of host cells [14].

E. coli can be detected by different methods. Polyphasic taxonomy technique is used to detect *E. coli* strains. Different types of differential, selective and chromogenic media are used for its detection like coliform agar, Chromocult® coliform agar, and Rainbow agar [19]. *E. coli* O157:H7 can be detected by agglutination test. Polymerase chain reaction (PCR) is useful tool to detect the presence of pathogens. For genetic diversity, toxin production genes can be isolated through PCR assays like real time PCR, multiplex PCR etc. 4-methylumbelliferyl-β-Dglucuronide (MUG) is also an important test for *E. coli* O157 strains identification. If an organism produces the enzyme glucuronidase, substrate orthonitrophenyl-beta-glucuronide will be brokendown to liberate ortho-nitrophenyl producing yellow color.

The main aim of this study was to evaluate the diversity of *E. coli* strains from community waste water of Lahore, Pakistan. Strains were isolated on *E. coli* O157 selective medium. Then, strains were identified by 16S rRNA sequencing. Afterwards, agglutination test was performed to identify *E. coli* O157 strains. Strains were further screened for the presence of shiga-toxin related genes that included *stx1a*, *stx2a*, *stxc* and *stx2d*. Finally, biofilm forming potential of isolated *E. coli* strains was evaluated. The rationale of study was to evaluate cross contamination of sewage water with agricultural soil or drinking water in the local environment. Potential pathogenic hazards are targeted in this study.

2. MATERIALS AND METHODS

2.1 Sampling and Isolation of Bacterial Strains

Sixteen samples of waste water were collected from different towns of Lahore, Pakistan. Samples were immediately brought to the laboratory for further processing. For the selective isolation of *E. coli*, Hichrome EC O157 agar medium (Himedia Laboratories, USA) was used. One ml of the sample was added into preautoclaved 9 ml sorbitol mackonkey broth. About 25 µl of each sample was aseptically spreaded on the EC O157 agar medium and incubated at 37ºC for 24 h. On the basis of pigment production, different shades of purple colored colonies were selected. EC O157 agar medium is a selective medium for the isolation of *E. coli* O157:H7 described by Rappaport and Henigh from environmental samples [20]. It contains sorbitol and chromogenic mixture which after

cleavage by *E. coli* O157: H7 produces dark purple to magenta colored colony, while other strains of *E. coli* produces pink colored colonies. The other ingredients include casein enzymic hydrolysate which provides nitrogenous, growth nutrients and carbonaceous medium. Sodium chloride maintains osmotic balance. Sodium lauryl sulphate and bile salts prevents grampositive organisms to grow. Addition of 0.25 ml potassium tellurite specifically picks the serogroups and prevent *Providencia* and *Aeromonas* species.

2.2 16S rRNA Gene Sequencing

Bacterial DNA was extracted from overnight grown cultures by using FavorPrep Tissue Genomic DNA Extraction kit (Taiwan, Pingtung). DNA was amplified by using a pair of forward 27F (5'-AGAGTTTGATCCTGGCTCAG-3') and reverse 1522r (5'-AAGGAGGTGATCCA (AG) CCGCA-3') primers. Dream Taq™ Green PCR Master Mix (Fermentas) was used for PCR amplification. PCR reaction mixture was incubated at specific conditions i.e., denaturation at 94 \degree C for 5 min, annealing at 55 \degree C for 1 min, extension at 72ºC for 2 min. Final extension was carried at 72ºC for 5 min. The samples were stored at -20ºC after completion of 35 PCR cycles. PCR amplified fragments were visualized by agarose gel electrophoresis. Purified DNA fragments (1.5 kb) were sent to First Base Labotatories, Singapore for sequencing. The sequences were analyzed and trimmed using bioinformatics tool CHROMAS lite version 2.4.1.0 and searched for homology in NCBI BLAST (Basic Local Alignment Search Tool). Phylogenetic tree was constructed by using neighbor joining method with the help of mega 6 software.

2.3 PCR Detection of Shiga Toxin Gene

E. coli O157 produces shiga toxin which cause hemorrhagic uremic syndrome (HUS). Shiga toxin genes *stx1* and *stx2* including its variants that differ in the sequence of nucleotides were amplified through PCR. For PCR amplification, 4 set of primers were used that included Stx 1-a-F (5'-TCTCAGTGGGCGTTCTTATG-3'), Stx1-b-R (5'-TACCCCCTCAACTGCTAATA-3'), Stx2-a-F (5'-GCGGTTTTATTTGCATTAGC-3'), Stx2-b-R (5'-TCCCGTCAACCTTCACTGTA-3'), Stx2c-a-F (5'-GCGGTTTTATTTGCATTAGT-3'), Stx2c-b-R (5'-AGTACTCTTTTCCGGCCACT-3'), Stx2d-a-F (5'-GGTAAAATTGAGTTCTCTAAGTAT-3'), Stx2d-b-R (5'-CAGCAAATCCTGAACCTGACG-

3') [13]. Dream Taq™ Green PCR Master Mix (Fermentas) was used for PCR amplification. PCR reaction mixture with melting temperature, was incubated in thermal cycler at specific conditions. It included initial denaturation at 95ºC for 5 min, denaturation 95°C for 30s, annealing at 59ºC for 2 min, extension at 72ºC for 4 min and final extension at 72ºC for 10 min. Samples were stored at -20ºC after completion of 35 PCR cycles. Amplified PCR products were detected after running agarose gel electrophoresis.

2.4 Serotyping of Bacterial Strains

For the serotyping of bacterial strains, ProlexTM *E. coli* O157 Latex Test Reagent Kit (Pro-lab diagnostics) was used. Cultures were prepared by inoculating them on sorbitol mackonkey agar to differentiate between sorbitol positive and sorbitol negative strains. Sorbitol negative strains indicated potential O157. Plates were incubated at 37ºC for 24 h and sorbitol negative colonies were selected. Before use all the reagents were allowed to cool to room temperature. Then using a sterile loop, 0.2 ml normal saline was transferred to eppendroff. Turbidity of 5 Mcfarland Standard by the strains were achieved by making saline suspension of isolated strains. One drop of ProlexTM *E. coli* O157 Latex Reagent was placed in a test circle on one of the test cards provided. Using a Pasteur pipette one drop of the test suspension was added in the same test circle and was mixed with sticks provided. Agglutination was observed after two min and the results were compared to positive control provided in the kit.

2.5 Antibiotic Sensitivity Testing

Plates of Mueller-Hinton (MH) agar were prepared and inoculated with bacterial strains (Mcfarland standard 0.5) to ensure the confluent growth. The antibiotic discs (Bioanalyse®) for amoxicillin (25 µg), Tobramycin (30 µg) tetracycline (30 µg), streptomycin (25 µg), nalidixic acid (30 µg), chloramphenicol (30 µg), amikacin (30 µg), norfloxacin (10 µg), cephalexin (30 µg), nitrofurantoin (30 µg), Tobramycin, and gentamicin (10 µg) were aseptically placed to the surface of agar plates at well-spaced intervals. The plates were then incubated at 37ºC for 24 h. After incubation, the plates were observed for the presence of clear zones of inhibition around the antibiotic disc. Zones were measured in millimeter (mm) using the Inhibition Zone Ruler provided by the manufacturer. The zones were then compared with the standardized chart for antibiotics (M100-S23) given by clinical laboratory standard institute (CLSI, 2013).

2.6 Microtiter Plate Assay for Determination of Biofilm Forming Potential

Twelve random bacterial strains of *E. coli* were examined by microtiter plate assay for biofilm formation. Each strain was grown in 5 ml Tryptic Soy Broth (TSB) at 37ºC under agitation (150 rpm) for 24 h. The optical density of cell suspension was adjusted to 0.5 at 600 nm. The microtiter plate test was modified to determine the biofilm forming potential of single and double combinations of selected strains [21]. For single cultures, each well was filled with 200 µl of cell suspension in TSB. In co cultures (two strains) 100 µl of each strain was added aseptically to a sterile-well flat tissue culture plate. The biofilm was also observed in the presence of glucose and tricalcium phosphate that was finally adjusted to 0%, 1% and 5% concentrations.

To promote biofilm formation, the plates were incubated aerobically on a shaker at 150 rpm for 72 h at 37ºC. After 72 h, the content of each well was discarded and washed three times with 250 µl of sterile distilled water to remove any nonadherent and weakly adherent bacteria. Negative controls were prepared by incubating the wells only with TSB without adding any inoculum. All combinations were performed in triplicate. The bacterial biofilm in the 96-well microtiter plates was fixed with 250 µl/well of 98% methanol for 15 min. Afterwards, the plates were emptied and allowed to dry. Then, the fixed bacteria were stained for 5 min with 200µl/well of crystal violet. Excessive stain was rinsed out by placing the plate under low-running tap water. Crystal violet bound to the adherent cells was re-solubilized by 200 µl/well of 33% (v/v) glacial acetic acid. The optical density (OD) of the obtained solution was measured at 570 nm using a microtiter plate reader (Model 680XR; BIO-RAD).

3. RESULTS

3.1 Isolation of Bacterial Strains

Escherichia coli O157 was isolated from sewage waste water from different localities of Lahore on Hichrome EC O157 agar. Different shades of purple colored bacteria were passed from several rounds of quadrant streaking (Fig. 1). Sample 5 and 9 gave the highest CFU/ml i.e., $3x10^6$ and $3.2x10^6$, respectively The lowest

CFU/ml was observed in the sample 3 i.e., 5×10^1 . On the selective media Hichrome EC O157 agar, 56 bacterial strains were isolated.

3.2 Sequence Analysis

Sequences of 56 bacterial strains were compared with online sequences submitted to GenBank. After comparison, 51 strains showed good quality peaks and around 99 % similarity to *Escherichia coli.* Sequences of the strains were deposited to GenBank under accession numbers KY765032 to KY765085 (Table 1). (Fig. 2) showed phylogenetic relationships among the strains of *E. coli.*

3.3 Detection of Shiga Toxin Related Genes

Different variants of *stx1* and *stx2* genes of *E. coli* such as *stx1*, *stx2*, *stx2c*, *stx2d* were aimed to isolate from different sewage samples of Lahore. After PCR, gel electrophoresis was accomplished to visualize the bands. Analysis indicated that specific size of bands of shiga toxin genes was not detected. Rather nonspecific bands of approximately 400 bp, 800 bp and 1000 bp were visualized for the strains E101 and E114 in the presence of primer stx2d. Strains E34, E35 E151 and E141 produced 1000 bp band by primer stx1 as compared to the 1500 bp ladder.

3.4 Serotyping

Isolated colonies were picked and suspended in autoclaved water and the cell density was compared with 5 Mcfarland standards. Agglutination test was performed for all the strains to check the serotype *E. coli* O157 by using Prolex[™] E. coli O157 Latex Test Reagent Kit. All the strains were negative for the serotype *E. coli* O157 as agglutination was not observed with any sample as compared to control (Fig. 3).

3.5 Antibiotic Sensitivity Testing

Seven random bacterial strains isolated from waste water were checked for susceptibility towards different antibiotics including amoxicillin, ampicillin, tetracycline, streptomycin, nalidixic acid, chloramphenicol, ciprofloxacin, norfloxacin,

Fig. 1. Isolation of potential *E. coli* **O157 on Hichrome EC O157 from sewage water. (A-B) Growth of spreading on EC O157 medium. (C-D) Quadrant streaking on EC O157 medium**

Table 1. 16S rRNA gene sequencing *of E. coli* **strains isolated from sewage water samples**

0.0050

Fig. 2. Combined phylogenetic tree showing the relationship among 51 strains of *E. coli* **isolated from sewage water samples. The scale bar represents mutations per nucleotide position**

Fig. 3. Agglutination test using ProlexTM *E. coli* **O157 latex test reagent kit**

cephalexin, nitrofurantoin, gentamycin. The inhibition zones measured in millimeter (mm) by using Inhibition Zone Ruler, were compared with the standard zone sizes provided by the clinical laboratory institute (CLSI, 2013). All the strains were resistant against amoxicillin, tobramycin, tetracycline and nitrofurantoin. While, chloramphenicol was found to be resistant for strains E42 and E121. The rest of the strains E161 (21 mm), E15 (18 mm), E151 (20 mm), E34 (24 mm), E114 (23 mm) were sensitive for chloramphenicol (Table 2). Norfloxacin was found to be highly sensitive for all the *E. coli* strains giving zone of inhibition 19 to 26 mm (Fig. 4).

3.6 Biofilm Formation

Single bacterial isolates were examined by micro titer plate assay for biofilm forming potential. Bacterial strains E124, E111, E62 and E34 were observed as strong biofilm producers when used as monocultures. The bacterial strain E124 showed highest biofilm production, while E34

was weak biofilm producer. The cultures used in combinations of bacterial strains showed weak biofilm production. When combination of bacterial strains were used strain D.C E35, E101 produced good biofilm.

3.7 Effect of Salt and Sugar on Biofilm Production

In the presence of carbon source, all bacterial strains showed variation in its ability to produce biofilm. In the presence of glucose, good biofilm was produced by bacterial strains in the order E124>E34>E61>E35>E101>E61at concentration of 1% while at 5% strain E34 was active as compared to others. In the presence of tricalcium phosphate, biofilm activity was suppressed at 1% and 5% concentrations of salt. Strain E34 produced good biofilm at 1% but when the concentration of salt was increased to 5% its activity to produce exopolysaccharide was suppressed. Strain E35 produced maximum biofilm at 5% salt concentration (Figs. 5 to 7).

Fig. 4. Antibiotic sensitivity pattern of *E. coli* **strains** *(A) = E34, (B) = E121, (C) = E15*

Table 2. Antibiotic susceptibility pattern of different bacterial isolate

Letters in parenthesis indicate level of sensitivity of respective antibiotics. R: Resistant, I: Intermediate, S: Sensitive. Antibiotics: AX: Amoxicillin; CL: Cephalexin; AK: Amikacin; TOB: Tobramycin; TE: Tetracycline; S: Streptomycin; NA: Nalidixic acid; CN: Gentamycin; F: Nitrofurantoin; NOR: Norfloxacin; C: Chloramphenic *Bano and Ali; SAJRM, 5(1): 1-13, 2019; Article no.SAJRM.52559*

Fig. 5. Biofilm forming potential of strains in the presence of (M=monocultures) and (C=cocultures) in tryptic soy broth (TSB), N.C= Negative control (Mean ± S.E of 3 replicates) *C1=E124+E142, C2= E142+E111, C3=E111+E151, C4=E151+E42, C5= E42+E114, C6= E114+E62, C7= E62+E61, C8= E61+E121, C9= E121+E35, C10= E35+E101, C11= E101+E34, C12= E34+E124*

Fig. 6. Biofilm forming potential of single *E. coli* **strains in the presence of different concentration of glucose in TSB, N.C= Negative control (Mean ± S.E of 3 replicates)**

Fig. 7. Biofilm forming potential of *E. coli* **strains in the presence of different concentrations of tricalcium phosphate in TSB, N.C= Negative control (Mean ± S.E of 3 replicates)**

4. DISCUSSION

The main aim of the present study was to evaluate the genetic diversity of *E. coli* from the waste water of different towns of Lahore. For this purpose, sixteen samples of sewage waste water were collected from different regions. Selective media Hichrome EC O157 agar was used for the isolation. On the basis of pigment production, purple colored colonies were considered as *E. coli* O157. In total, 56 strains were isolated from sewage waste water. These strains were subjected to DNA isolation, following sequencing of the strains to confirm it as *E. coli* O157. 51 sequences retrieved after NCBI Blast search showed resemblance to *E. coli*. The strains were also confirmed through biochemical tests as *E. coli*. The strains were positive for catalase and methyl red test while, negative for oxidase and voges prausker test, To check the serotype, agglutination test was performed by Prolex™ E. *coli* O157 Latex Test Reagent Kit, but all the strains were negative for *E. coli* O157 serotype. According to Wells J, et al. [21] *E. coli* was isolated and biochemically confirmed from cattle feaces. Another study held by [13] (2005) reported *E. coli* O157 from aquatic environment. Gastrointestinal symptoms are widely reported worldwide due to ingestion of polluted water or swimming in feacally polluted water [13]. Shiga toxin producing *E. coli* is widely associated with diseases in human like hemorrhagic uremic syndrome due to production of *stx1* and *stx2* toxins [22]. According to a study more protein expression was observed for the *E. coli* producing shiga toxin genes in animals than human samples this study suggest that cattle may be the primary source of HUS [11]. As these genes are highly toxic they are present in open environment. Therefore, there was a need to check its prevelance in our environment. PCR is a rapid detection method to diagnose enteric infections. *E. coli* O157 can detected from environmental samples through PCR. Shiga toxin genes (*Stx1, Stx2, Stx2c* and *Stx2d*) were amplified with the help of forward and reverse primers [13] (2005) through PCR in order to check the genetic diversity of these genes in our local environment. On the basis of melting temperature of primers, gradient PCR was set with temperatures range 50-65ºC. Conditions for the PCR were changed many times variated from published sources to get the required band length, but no specific band was observed with any primer set used. Almost all the strains were used for the detection of shiga toxin genes. The results obtained after gel electrophoresis were

highly promising as no bands of desire length was obtained [23] (2016) reported prevelance of shiga toxin genes isolated from waste water in USA.

The ability to form biofilm by the bacterial cultures in the presence of monocultures as well as combination of bacterial strains was examined. The strains giving cell mass OD equal or above 1 were considered good biofilm producers. Strain E124 showed maximum biofilm formation. However when used as combination with strain E142 the biofilm forming ability was decreased to 0.56. This may be due to ability of self-interaction of bacterial strains and availability of the substrates to them. The possible reason is may be due to synergestic effect of the strains, its activity was decreased. A study showed that *Arthrobacter* can form biofilms of the surfaces of different polymers [24]. Biofilms causes diseases in human body, it cause harm to human health and cause dental carriers form biofilm on teeth [25].

Biofilm was also examined in the presence of carbon sources and salt concentrations. As a carbon source sugar glucose was used while, salt tricalcium phosphate was used. Strain E34 was very good biofilm producer at 5 % glucose. At 1% its activity was decreased while no biofilm was produced in the absence of glucose. Strain E111 and E62 were good biofilm producers in the absence of glucose, with the increase of glucose concentration, decrease in biofilm activity was observed. According to [26], deletion of *ompA* gene reduced biofilm by 80 %. This study suggested that increase of glucose concentration, biofilm ability was reduced. When salt tricalcium phosphate was used, remarkable variation in the results was observed. Mostly strains were good biofilm producers in the absence of salt. When salt was added along with the cultures, biofilm formation was inhibited. [27] reported biofilm formation in the presence of tricalcium phosphate which reduces the bacterial count and it can be an effective source of treatment for raw poultry.

Growth on Hichrome EC O157 agar indicated the presence of potential strains of O157. Previously reported studies isolated *E. coli* on different selective media like EMB, Mackonkey agar, rainbow agar etc. Although appearance of purple colored colonies on Hichrome EC O157 agar showed the presence of *E. coli* O157 but serotyping of the strains confirmed no agglutination for *E coli*. Therefore, *E. coli* O157

was not detected in our study. It was also confirmed through PCR where no bands of specific lengths were present after amplification.

5. CONCLUSION

This study indicated that our exposed environment is free from the presence of shiga toxin genes. Sewage water samples contained *E. coli* as it was confirmed through biochemical testing and sequencing. But its serotype O157 might not be present there because it is exclusively associated with the stool samples while sewage water contains different types of waste such as domestic waste, industrial waste etc. Several community hazards are related due to mixing of sewage waste water with community potable water.

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COMPETING INTERESTS

Authors have declared that no competing interests exist.

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